



## Life Mastery Training Program Three

### Practicum - Case Study

The goal of this practicum is to take the theoretical knowledge you have learned as diagnostics and healings and apply it to a real life situation. Your objective is to choose a Practicum Assistant (volunteer client), do 8 sessions and then write up your experience to present to the class and your teachers.

The benefit to you is that it brings all you have learned in the past two years together into a real life example. It pulls the diagnostic tools we have learned (chakra and profiles) together and helps boost confidence by practicing all we have learned.

#### Instructions for the Sessions:

1. Choose a Practicum Assistant to work with for 8 sessions - meeting no more than once a week as your P.A. will need time to process the work. This person should not be a friend or relative. ¶
2. If you are already working doing healings and have a practice, this should not be a client you have already worked with in the past, but someone new.
3. Explain to the Practicum Assistant that this is a set of practice sessions, and that this work is not something you will charge money for. ¶
4. Only use the assessment tools (i.e. chakras and profiles) and healings you've learned in this school. If you practice massage, Reiki or other modalities, do not use them for these 8 sessions. ¶
5. This is an opportunity to practice what you've learned - not a chance to "fix" someone. Use as many of the healings you've learned as possible and as appropriate. ¶
6. Take notes on each session. (See below for the information you will need to record.) ¶
7. Each healing needs a before and after pendulum or muscle testing reading as well as a healer write up form. ¶
8. Use a different healing for each session. Be prepared to explain which healings you used and why. Remember that the Chakra Balance is the best healing for the first session. ¶
9. Be prepared to give a spoken and written presentation by 4th class weekend. If we don't get to all of them, we will do the others the final class weekend. ¶
10. The spoken presentation should be no more than 10 minutes long, time after for questions. ¶
11. The presentation should include a written report that has all your notes, pendulum readings, healing write up forms, your observations and conclusions. ¶



## Presentation

Please include the following information:

1. First name, age, and presenting complaint of your Practicum Assistant (PA). ¶
2. What were your intake questions? Subsequent questions? How did this impact your treatment plan? ¶
3. What did you think the PA's initial primary character structure was? Why? Did your opinion of this change over the course of the 8 sessions? How did the character structure impact your treatment plan? ¶
4. What did you notice about their chakras? Was there a consistent pattern? Was this in alignment with their character structure? ¶
5. What healings did you use? What order? Why? ¶
6. What were the PA's psycho-spiritual issues (Louise Hay)? What were the PAs old and new thought patterns/beliefs? ¶
7. How did the treatment plan change over time? ¶
8. How did the Practicum Assistant change over the course of the 8 sessions? ¶
9. How did the pendulum readings support your assessment and treatment plan? What did the readings show you over the 8 sessions that you would not have picked up on just by doing healings? ¶
10. What were the considerations for you as the healer? What mirrors did you note? Was there transference and counter transference? What issues came up for you? Were you present, when did you leave and why? ¶
11. Were you able to hold onto your authority and do the healing from your core or did you find your mask took over at times? When? ¶